

Sanatan dharm and the command of eating *Halal* food.

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Arabic word *Halal* means **permissible**.

Quran uses this term in different context. One such context is : food.

God has created the whole universe for the benefit of mankind. Animals and plants also serve us. Some of the animals have been made permissible by God to be eaten as food. This permission of eating food is present in both Islamic and Hindu religious scriptures.

Wanton killing of animals is prohibited. But for consumption as food, it is allowed with the permission of God. So, we take God's name while slaughtering these animals. Otherwise we will think that taking life is somehow in our hands.

We remind ourselves that though it is surely wrong to take life, we are taking this life for the purpose of eating it as food alone purely by the permission of God. Indeed God is the greatest with power over all lives and we ourselves have no power at all over these animals. This "allowed" or permissible is called as *halal* in Arabic.

If you read Hindu scriptures, at numerous places there is command of eating meat.

Shri Ram Chandr ji himself used to eat meat. [Read this](#).

The great Indian personality - Swami Vivekananda - emphasized the need of eating meat to Hindu brethren.

"You will be astonished if I tell you that, according to the old ceremonials, he is not a good Hindu who does not eat beef. On certain occasions he must sacrifice a bull and eat it."

[The complete works of Swami Vivekananda, Volume 3, Page 536]

"There was a time in this very India when, without eating beef,

no Brahmin could remain a Brahmin;" [Page 174]

These are well known things. What is surprising is that **Sanatan Dharm also commands to eat Halal food**. Eating meat, without following the due procedure is prohibited in Hinduism.

Two conditions were laid for their slaughter in Hindu Scripture.

1. Name of God must be taken during slaughter so that it must be remembered that with his permission, slaughter is being done.
2. The procedure given by God must be followed. Otherwise, this will be considered as killing.

Meat is made sacred or pure by the recitation of mantras.

न-अद्याद् अविधिना मांसं विधिज्ञो अनापदि द्विजः ।

जग्ध्वा ह्यविधिना मांसं प्रेतसूतैर् अद्यते अ-वशः ॥ ५-३३

.... who knows the law, must not eat meat except in conformity with the law; for if he has eaten it unlawfully, he will, unable to save himself, be eaten after death by his (victims). **Manu-Smriti 5:33**

Also Manu smriti tells us that, name of the God with proper recitation is also needed

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असंस्कृतान् पशून् मन्त्रैर् न-अद्याद् विप्रः कदा चन ।

मन्त्रैस् तु संस्कृतान् अद्याद् - शाश्वतं विधिम् आस्थितः ॥

A Brahmana must never eat the flesh of animals unhallowed by Mantras; but, obedient to the primeval law, he may eat it, consecrated with Vedic texts. **Manu-Smriti 5:36**

जिन पशुओं को उस ने इन्सान का भोजन बनाने की इजाज़त दी, उन की बलि के लिये दो शर्तें भी नियुक्त कीं। (1) उन की बलि के समय ईश्वर का नाम लिया जाए ताकि यह याद रहे कि उसी ने मानव की आवश्यकता के लिये इस की इजाज़त दी थी। (2) उन्हें काटते समय ईश्वर की बताई हुई विधि अपनाना ज़रूरी है वरना यह हत्या हो जाएगी। इन दोनों शर्तों का उल्लेख मनु स्मृति में है।

“न अद्याद् अविधिना मांसं विधिज्ञो अनापदि द्विजः”। (मनु० 5:33)

अर्थात् विधान को जानने वाला द्विज बिना आपत्तिकाल में पड़े विधिरहित मांस को न खाए।

और ईश्वर के नाम के मन्त्र से संस्कृत करना भी मनु स्मृति ने आवश्यक बताया।

“असंस्कृतान् पशून् मन्त्रैर् न अद्याद् विप्रः कदा चन।

मन्त्रैस्तु संस्कृतान् अद्यात् - शाश्वतं विधिम् आस्थितः॥” (मनु० 5:36)

अर्थात् ब्राह्मण मन्त्रों से असंस्कृत मांस को कदापि न खाए। मन्त्रों से संस्कृत मांस को ही, सदा विधि पूर्वक ही खाए।

Above verses of *Manusmriti* very clearly say that animal should be slaughtered as per law and divine *mantr* should be recited.

It is the God who created us and animals. It is the God who has allowed us to use some of them as our food.

Human being can not survive without consuming Living thing. Every human being - whether Veg or Non - Veg - survives by eating other living being.

[Read this to know details:](#)
