



# Four Lessons From the Story of Prophet Yunus

## 1. Recognize Your Sin and Seek Forgiveness

When the fish got to the bottom of the ocean and Prophet Yunus realized his error, he fell into prostration in the belly of the fish and sought forgiveness from God.

## 2. Do Not Despair of the Mercy of God

He did not lament on his misfortune & did not give up on life.

Instead, he raised his hands to God.

*“So We responded to him and saved him from the distress. And thus do We save the believers.” (Quran 21:88)*

### **3. Patience With Dawah**

Seeing the fruits of your effort can take time. It is possible that your friends or family might not accept the truth even though you have conveyed it for years.

This does not mean that you should stop.

### **4. Dhikr [Remembrance of God] and Dua [seeking help from God] are Powerful Tools**

Prophet Yunus realized that the creatures down there were praising God.

This is a reminder of the importance of dua and dhikr.

No matter how far you think that you have gone in your disobedience of God, with sincere repentance, God will bring you out of your situation and grant you forgiveness and respite.